

Bibliography

- AIHW 2005. *Rural, regional and remote health – Indicators of health*. AIHW Cat. No. PHE 59. Canberra: AIHW (Rural Health Series no. 5).
- Alesina, A., & La Ferrara, E. (2002). Who trusts others? *Journal of Public Economics* 85, 207-234.
- Altergott, Karen (1990). "Age, Gender and Daily Life: An Analysis of Social Involvements," *Social Indicators Research*, Vol. 23, pp. 367-380.
- Andorka, Rudolf. (1987). "Time Budgets and Their Uses," *Annual Review of Sociology*, Vol. 13, pp. 149-164.
- Anti-Corruption Commission. (2007). *Annual bulletin*, December 2007. Thimphu: Royal Government of Bhutan.
- Bardasi, Elena and Wodon, Quentin (2006). "Measuring Time Poverty and Analyzing Its Determinants: Concepts and Application to Guinea" in Mark C. Blackden, & Quentin Wodon, (eds.) *Gender, Time Use, and Poverty in Sub-Saharan Africa Gender, Time Use and Poverty in Sub-Saharan Africa*, World Bank Working Paper No. 73, pp. 71-95.
- Barkan, E. S. & Greenwood, S. F. (2003). "Religious Attendance and Subjective Well-being among Older Americans: Evidence from General Social Survey," *Review of Religious Research*, Vol. 45, No. 2, pp. 116-129.
- Becker, Gary S. (1965). "A Theory of Allocation of Time," *The Economic Journal*, Vol. 75, No. 299, pp. 493-517.
- Biddle, Jeff E. and Hamermesh, Daniel S. (1990). "Sleep and Allocation of Time," *The Journal of Political Economy*, Vol. 98, No. 5, Part 1, pp. 922-943.
- Binswanger, Hans P.; Evenson, Robert E; Florencio, Cecilia A.; and White, Benjamin N.F. (1980). *Rural Households Studies in Asia*, Kent Ridge: Singapore University Press.
- Böhnke, Petra. (2005). *First European Quality of Life Survey: Life satisfaction, happiness and sense of belonging*, Luxembourg: Office for Official Publications of the European Communities.
- Bonvalet, Catherine. (2003). "The Local Family Circle", *Population (English Edition, 2002-)*, Vol. 58, No.1., pp. 9-42.

- Boyce, W. (2004). *Young People in Canada: Their Health and Wellbeing*. Ottawa, ON: Health Canada.
- Bruni, Luigino and Stanca, Luca (2005). "Watching Alone: Relational Goods, Television and Happiness," Working Paper Series, Department of economics, University of Milan-Bicocca; available at <http://dipeco.economia.unimib.it/repec/pdf/mibwpaper90.pdf>
- Bryant, W. Keith and Zick, Cathleen D. (1996). "An Examination of Parent-Child Shared Time," *Journal of Marriage and the Family*, Vol. 58, No. 1, pp. 227-237.
- Budlender, Debbie; Chobokoane, Ntebaleng; and Mpetsheni, Yandiswa. (2001). *A Survey of Time Use: How South African Men and Women Spend their Time*, Pretoria: Statistics South Africa.
- Cabinet Secretariat. (1999). *Enhancing Good Governance: Promoting Efficiency, Transparency and Accountability for Gross National happiness*. Thimphu: Royal Government of Bhutan.
- Canadian International Development Agency. (1996). *Government of Canada Policy for CIDA on Human Rights, Democratization and Good Governance*. Hull, Quebec.
- Cattaneo, Matias D.; Galiani, Sebastian; Gertler, Paul J.; Martinez, Sebastian; and Titiunik, Rocio. (2006). Housing, health and happiness, *Working Paper Series 4214*, World Bank, Washington, D.C.
- Centers for Disease Control and Prevention. (2000). *Measuring Healthy Days*. Atlanta, Georgia: CDC November 2000.
- Charmes, Jacques. (2006). "A Review of Empirical Evidence on Time Use in Africa from UN-Sponsored Surveys" in Mark C. Blackden, & Quentin Wodon, (eds.) *Gender, Time Use, and Poverty in Sub-Saharan Africa* *Gender, Time Use and Poverty in Sub-Saharan Africa*, World Bank Working Paper No. 73, pp. 39-72.
- Choiden, S., Nidup, J. & Wangchuk, K. (2007). *Evaluation of the Applicability of Programmes offered at Sherubtse College Royal University of Bhutan (2005-2006)*. *Journal of Research and Development* Vol. 1 (1). Royal University of Bhutan.
- Christopher, G.E. (1991). "Religious Involvement and Subjective-Wellbeing,"

Journal of Health and Social Behavior, Vol. 32, No. 1, pp. 80-99.

Clark, S.M; Harvey, A.S.; & Shaw, S. M. (1990). "Time Use and Leisure: Subjective and Objective Aspects," *Social Indicators Research*, Vol. 23, pp. 337-352.

Cohen, S., & Wills, T., A. (1984). Social support management and intervention, available at www.garfield.library.upenn.edu/classics1992/A1992JB16300001.pdf

Colman, R. (2000). *Cost of Obesity in Nova Scotia*. Dartmouth, Nova Scotia.

Colman, Ronald and Sagebien, Julia (2005). *Measuring Genuine Progress: The Nova Scotia Experience and its Potential Relevance to Bhutan's Efforts to Operationalise the View of Gross National Happiness*. Thimphu: Centre for Bhutan studies.

Cooke, Priscilla A. (2000). "Changes in Intrahousehold Labor Allocation to Environmental Goods Collection: A Case Study from Rural Nepal, 1982 and 1997," FCND Discussion Paper No. 87, International Food policy Research Institute, Washington D.C.; available at <http://www.ifpri.org/divs/fcnd/dp/papers/fcndp87.pdf>

Culvert Group, Ltd. and Hazel Henderson. (2000-2006). *Education Indicator*. Culvert-Henderson Quality of Life Indicators. Available at www.calvert-henderson.com/edu.htm Date accessed 23/09/2008

Davidson, R.J. (2005). "Well-being and Affective Style: Neural Substrates and Biobehavioural Correlates," in Huppert, Felicia A., Baylis, Nick, and Kaverne, Barry (eds) *The Science of well-being*. Oxford: Oxford University Press, chapter 5.

Dedman, D.J.; Gunnell, D.; Smith, G. Davey; and Frankel, S. (2001). Childhood housing conditions and later mortality in the Boyd Orr cohort, *Journal of Epidemiology and Community Health*, Vol. 55, pp. 10-15.

Department of Health and Human Sciences, USA, Health Resources and Service Administration

Diener, E. (1984). Subjective wellbeing. *Psychological Bulletin*, 95, 542-575.

Diener, E. (1994). Assessing Subjective Well-Being: Progress and Opportunities. *Social Indicators Research*, 31, pp.103-57.

- Diener, E., & E. Suh (Eds.). (2000). *Culture and Subjective Well-Being*. Cambridge, MA: MIT-Press.
- Diener, E. , & Larsen, R. J. (1993). The experience of emotional wellbeing. In M. Lewis & J. M. Haviland (Eds). *Handbook of emotions*. New York: Guilford.
- Diener, E., Sandvik, Seildlitz, L., & Diener, M. (1993). The relationship between income and subjective wellbeing: Relative or absolute? *Social Indicators of Research*.
- Diener, E., Suh, E., & Oishi, S. (1997). Recent findings of subjective wellbeing. *Indian Journal of Clinical Psychology*, available at www.psych.uiuc.edu/~ediener/hottopic/paper1.htm
- Diener, E. & Seligma, M. (2004). Beyond money, toward an economy of wellbeing. *American Psychological Society*, available at <http://www.iadb.org/res/files/qol/diener.pdf>
- Diener, E. (2005). Guidelines for national indicators of subjective wellbeing and ill-being, available at www.wam.umd.edu/~cgraham/Courses/Docs/PUAF698R-Diener-Guidelines%20for%20National%20Indicators.pdf
- Dow, Greg K. and Juster, F. Thomas. (1985). "Goods, Time, and Wellbeing: The Joint Dependence Problem," *Time, Goods and Well-being*, the institute for social research, University of Michigan, Ann Arbor, MI, pp. 397-413.
- Driem, George Van (2004). "Bhutan's Endangered Languages Documentation Programme Under the Dzongkha Development Authority: The Three Rare Gems," in Karma Ura and Sonam Kinga (eds.) *The Spider and the Piglet*. Thimphu: The Centre for Bhutan Studies.
- Dush, C., K., & Amato, P., R. (2002). Consequences of relationship status and quality for subjective wellbeing. *Journal of Social and Personal Relationships*, 22.
- Easterlin, Richard A. (1995). Will raising the incomes of all increase the happiness of all?, *Journal of Economic behavior and Organization*, Vol. 27, pp. 35-47.
- Ellison, Christopher G.; Gay, David A.; & Glass, Thomas A. (1989). "Does Religious Commitment Contribute to Individual Life Satisfaction?" *Social*

Forces, Vol. 68, No.1, pp. 100-123.

Elliott, Gregory C., Colangelo, Melissa F., & Gelles, Richard J. (2005). *Mattering and Suicide Ideation: Establishing and Elaborating a Relationship*. *Social Psychology Quarterly* 2005, Vol. 68 (3), 223-238.

European Commission. (2003). *The Health Status of the European Union – Narrowing the Health Gap*.

Evenson, Robert E. (1978). "Time Allocation in Rural Philippine Households," *American Journal of Agricultural Economics*, Vol. 60, No. 2, pp. 322-330.

Farouk, A. and Ali, Muhammad. (1977). *The Hardworking Poor (A Survey on How People Use Their Time in Bangladesh)*, Dacca: Bureau of Economic Research, University of Dacca.

Frank, Robert H. (1997). The Frame of Reference as a Public Good, *The Economic Journal*, Vol. 107, No. 445, pp. 1832-1847.

Frederickson, B.L. (2001). The role of positive emotions in positive psychology: The broaden-and-build theory of positive emotions. *American Psychologist*, Vol.56, pp.218-226.

Frey, B. and A. Stutzer (2002) *Happiness and economics: how the economy and institutions affect well-being*. Oxford: Princeton University Press.

Frey, Bruno S., Benesech, C., and Stutzer, A. (2005). "Does Watching TV Make Us Happy?" Working Paper No. 241, Institute of Empirical Research, University of Zurich; available at <http://www.crema-research.ch/papers/2005-15.pdf>

Frey, Bruno S. & Stutzer, A. (2000). Happiness, Economy and Institutions, *The Economic Journal*, Vol. 110, pp. 918-938.

Frey, Bruno S. & Stutzer, A. (2002). What Can Economists Learn from Happiness Research?, *Journal of Economic Literature*, Vol. 40, pp. 402-435.

Frey, B. S. and Stutzer, Alois (2002). "What Can Economists Learn from Happiness Research?" *Journal of Economic Literature*, Vol. XL, pp. 402-435.

Fuentes, N. & Rojas, M. (2001). Economic Theory and Subjective Well-Being: Mexico, *Social Indicators Research*, Volume 53, Number 3, pp. 289-314.

- Gemmell, I. (2001). Indoor heating, house conditions, and health, *Journal of Epidemiology and Community Health*, Vol. 55, pp. 928-929.
- Gerdtham, U. & Johannesson, M. (1997). *The Relationship between Happiness, Health and Socio-economic Factors: Results Based on Swedish Micro Data*. Working Paper Series in Economics and Finance 207, Stockholm School of Economics.
- Gershuny J. and Halpin B. (1996). "Time use, quality of life and process benefits" in Offer A.(ed.), *In Pursuit of the Quality of Life*, New York, Oxford University press.
- Gershuny, J. and Robinson, J. P. (1998). "Historical Changes in the Division of Labor," *Demography*, Vol. 25, No. 4, pp. 537-552.
- Gershuny, J. and Sullivan, O. (1998). "The Sociological Uses of Time-Use Diary Analysis," *European Sociological Review*, Vol. 14, No. 1, pp. 69-85.
- Gillespie, Vivian Hans. (1979). "Rural Women's Time Use," *Studies in Family Planning*, Vol. 10, No. 11/12, Learning About Rural Women, pp. 383-384.
- Girard, C. (1993). *Age, Gender, and Suicide: A Cross-National Analysis*. *American Sociological Review*, Vol. 58 (August: 553-574).
- Gross, Daniel R. (1984). "Time Allocation: A Tool for the Study of Cultural Behavior," *Annual Review of Anthropology*, Vol. 13, pp. 519-558.
- Gross National Happiness Commission. (2007). *Draft Tenth Five Year Plan (2008-13), Vol. 1: Main Document*. Thimphu: Royal Government of Bhutan.
- Gupta, Prakash C. (2001). *The Public Health Impact of Tobacco*. *Current Science*, Vol. 81, No. 5.
- Hamermesh, [D.S.](#) and Pfann, [G.A.](#) (eds) (2005). *The Economics of Time Use*, Elsevier Science.
- Haring, M., J., & Witter, R., A. (1984). Health and subjective wellbeing, from www.unmarriedamerica.org/Spectrum/Bibliography/health-and-happiness.htm
- Harvey, Andrew S. (1990). "The Measurement and Analysis of Time Use," *Social Indicators Research*, Vol. 23, pp. 303-308.

- Hayward, K., Pannozzo, L. & Colman, R. (2006). *Developing Indicators for the Educated Populace Domain of the Canadian Index of Wellbeing: Background Information Literature Review*. Nova Scotia, Canada. GPIAtlantic.
- Headey, Bruce, (2006), "Life Goals Matter to Happiness: A Revision of Set-Point Theory", Discussion Papers 629, DIW Berlin.
- Helliwell, J.F. (2002), "How's Life? Combining Individual and National Variables to Explain Subjective Well-Being", NBER Working Paper No. 9065, Cambridge: National Bureau of Economic Research.
- Helliwell, J.F. and Putnam, R.D. (2005). "The Social Context of Well-being," in Huppert, Felicia A., Baylis, Nick, and Kaverne, Barry (eds) *The Science of Well-being*. Oxford: Oxford University Press, chapter 17.
- Hill, C. Russel & Stafford, Frank P. (1980). "Parental Care of Children: Time Diary Estimates of Quantity, Predictability, and Variety," *The Journal of Human Resources*, Vol. 15, No. 2, pp. 219-239.
- Hill, Martha S. (1985). "Patterns of Time Use," in F. Thomas Juster and Frank P. Stafford (eds.) *Time, Goods and Well-being*, the institute for social research, University of Michigan, Ann Arbor, MI., pp. 133-176.
- Hirata, Johannes. (2006). *Happiness, Ethics, and Economics*. Unpublished doctoral thesis.
- Hirway, Indira. (?..). "Time Use Surveys: Concept, Classification and Related Issues: Lesson from the Indian Pilot Time Use Survey," available at <http://www.eclac.cl/mujer/noticias/noticias/3/22983/IndiraEUTStwsa-09.pdf>
- Hoffer, C.R. (1931). "Understanding the Community", *The American Journal of Sociology*, Vol. 36, No. 4., pp. 616-624.
- Hooker, K., & Siegler, I., C. (1992). Personality reconsidered. The Journals of Gerontology Series B, available at <http://psychsoc.gerontologyjournals.org/cgi/content/html>
- Ho, Teresa J. (1979). "Time Cost of Child Rearing in the Rural Philippines," *Population and Development Review*, Vol. 5, No. 4, pp. 643-662.
- Ilahi, Nadeem. (2000). "The Intra-household Allocation of Time and Tasks: What Have We Learnt from the Empirical Literature?" *World Bank Working*

- Paper Series No. 13; available at: www.worldbank.org/gender/prr.
- Inglehart, Ronald (1999). "Globalisation and Postmodern Values," *The Washington Quarterly*, Winter 2000, 23:1, pp. 215-228.
- Institute of Alcohol Studies (IAS). (2008). *Alcohol and Health*. IAS Fact Sheet—Alcohol and Health.
- Jagger, C., Cox, B., & Le Roy, S. *Health Expectancy Calculation by the Sullivan Method. Third Edition*. EHEMU Technical Report September 2006. available at www.ehemu.eu/pdf/Sullivan_guide_final_jun2007.pdf
- Juliet B. Schor (1991). *The Overworked American: The Unexpected decline of Leisure*. New York: Basic Books.
- Juster, F. Thomas (1985). "Investments of Time by Men and Women" in F. Thomas Juster and Frank P. Stafford (eds.) *Time, Goods and Well-being*, the institute for social research, University of Michigan, Ann Arbor, MI, 177-203.
- Juster, F. Thomas. (1985). "Preferences for Work and Leisure" in F. Thomas Juster and Frank P. Stafford (eds.) *Time, Goods and Well-being*, the institute for social research, University of Michigan, Ann Arbor, MI., pp. 333-351.
- Juster, F. Thomas and Stafford, Frank. (1991). "The Allocation of Time: Empirical Findings, Behavioral Models, and Problems of Measurement," *Journal of Economic Literature*, Vol. 29, No. 2, pp. 471-522.
- Juster, F. Thomas; Courant, Paul N.; and Dow, Greg K. (1985). "A Conceptual Framework for the Analysis of Time Allocation Data," *Time, Goods and Well-being*, the institute for social research, University of Michigan, Ann Arbor, MI, pp. 113-31.
- Kahlmeier, S.; Schindler, C.; Grize, L.; and Braun-Fahrländer, C. (2001). Perceived environmental housing quality and wellbeing of movers, *Journal of Epidemiology and Community Health*, Vol. 55, pp. 708-715.
- Kahneman, D., Krueger, B. A., Schkade, D., Schwarz, N., & Stone, A. (2004). Toward national wellbeing accounts. *American Economic Review, Papers and Proceedings*, 94.
- Kahneman, Daniel and Krueger, Alan B. "Developments in the Measurement of Subjective Well-Being," *Journal of Economic Perspectives*, Volume 20, Number1, Winter 2006, pp. 3-24.

- Kahneman, D.; Krueger, A.B.; Schkade, D.; Schwartz, N.; and Stone, A. (2004). "Toward National Well-Being Accounts," *The American Economic Review*, Vol. 94, No. 2, Papers and Proceedings of the One Hundred Sixteenth Annual Meeting of the American Economic Association San Diego, CA, January 3-5, 2004, pp.429-434.
- Kahneman, D.; Krueger, A.B.; Schkade, D.; Schwartz, N.; and Stone, A (2004). "A Survey Method for Characterizing Daily Life Experience: The Day Reconstruction Method," *Science*, Vol. 36, pp. 1776-1780. _____ (2006). "Would You Be Happier If You Were Richer? A Focusing Illusion," *A CEPS Working Paper No. 125*, available at <http://www.princeton.edu/~ceps/workingpapers/125krueger.pdf>
- Kahneman, D. and Krueger, A. B. (2006). "Developments in the Measurement of Subjective Well-being," *Journal of Economic Perspectives*, Vol. 20, Number 1, pp. 3-24.
- Karma Ura & Karma Galay (eds). (2004). *Gross National Happiness and Development: Proceedings of the First International Seminar on Operationalising Gross National Happiness*. Thimphu: Centre for Bhutan Studies.
- Kaufmann, D., Kraay, A., & Mastruzzi, M. (2008). *Governance Matters VII: Governance Indicators for 1996-2007*. http://info.worldbank.org/governance/wgi/sc_chart.asp#
- Kes, Aslihan and Swaminathan, Hema. (2006). "Gender and Time Poverty in Sub-Saharan Africa" in Mark C. Blackden, & Quentin Wodon, (eds.) *Gender, Time Use, and Poverty in Sub-Saharan Africa*, World Bank Working Paper No. 73, pp. 13-38.
- Keyes, Corey Lee M. (1998). *Social Well-being*. *Social Psychology Quarterly*. Vol. 61, No.2, pp. 121-140.
- Khander, S. R. (1988). "Determinants of Women's Time Allocation in Rural Bangladesh," *Economic Development and Cultural Change*, Vol. 37, No. 1, pp. 111-126.
- Kooreman, P. and Kapteyn, A, 1987. "A Disaggregated Analysis of the Allocation of Time Within the Household", *The Journal of Political economy*, Vol. 95, No. 2, pp. 223-249.

- Kooke, Joe. (2003). *Betel Chewing 'Causes Cancer'*. Science and Development Network (Sci.Dev.Net) available at www.scidev.net/en/news/betel-chewing-causes-cancer.html
- Kuhn, R., Rahman O., & Menken, J. (2004). *Relating Self-Reported and Objective Health Indicators to Adult Mortality in Bangladesh*. Institute of Behavioral Science. Working Paper PAC2004-0004.
- Kusago, T. (2007) Rethinking of Economic Growth and Life Satisfaction in Post-WWII Japan A Fresh Approach. *Social Indicators Research*, 81(1), pp.79-102
- Layard, R. (2005), *Happiness: Lessons from a New Science*. London: The Penguin Books.
- Lepcha, P. (2007). *Patient Waiting Times: A Report of a Monitoring Survey*. Annual Health Bulletin 2007. Ministry of Health, Royal Government of Bhutan.
- Macken, J.P., Meerding, W.J. & Kunst, A.E. (2007). *Economic Implications of Socio-economic inequalities in Health in the European Union*. European Commission, Luxembourg.
- McSweeney, Brenda G. (1979). "Collection and Analysis of Data on Rural Women's Time Use," *Studies in Family Planning*, Vol. 10, No. 11/12, Learning About rural Women, pp. 379-383.
- Meier, S. and Stutzer, A. (2004). "Is Volunteering Rewarding In Itself?" *Discussion Paper No. 180*, Institute of Empirical Research in Economics, University of Zurich; available at <http://www.iew.unizh.ch/wp/iewwp180.pdf>
- Michalos, A.C. et al, (2002), "Determinants of health and the Quality of life in the Bella Coola Valley", *Social Indicators Research*, Volume 72, No.1
- Michelson, William. (1990). "Childcare and the Daily Routine," *Social Indicators Research*, Vol. 23, pp. 353-366.
- Michigan Department of Community Health. (Updated May 2003). *Critical Health Indicators*. Michigan. Available at www.michigan.gov/documents/CriticalHealthCoverC_79863_7.pdf
- Ministry of Labour and Human Resources. (2006). *Labour Force Survey 2006*. Thimphu: Royal Government of Bhutan.

- Ministry of Education. (2008). *General Statistics, 2008*. Policy and Planning Division, Ministry of Education, Royal Government of Bhutan.
- Ministry of Social Development. (2007). *The Social Report 2007: Indicators of Social Wellbeing in New Zealand*. Ministry of Social Development, New Zealand.
- Ministry of Health. (2005). *Morbidity Report 2005* available at www.health.gov.bt/hmisQtrlyreport.htm
- Namgyel, Singye (2003). *The Language Web of Bhutan*. Thimphu: Singye Namgyel.
- National Statistical Bureau. 2004. *Povert Analysis Report: Bhutan*.
- Office of the Census Commissioner. (2005). *Population and Housing Census of Bhutan, 2005*. Thimphu: RGOB.
- Office of the Census Commissioner. (2006). *Population & Housing Census of Bhutan 2005*. Thimphu: Royal Government of Bhutan.
- Ontario Public Health Association (OPHA). (Revised 2007). *Breastfeeding Position Paper: A Position Paper originally Adopted at the 1993 OPHA Annual General Meeting*. Available at www.opha.on.ca/ppres/2007-03_pp.pdf
- Peiró, Amado. (2007). Happiness, Satisfaction and Socioeconomic Conditions: Some International Evidence, in Bruni, Luigino and Porta, Pier Luigi (eds.) *Handbook on the Economics of Happiness*, Edward Elgar Publishing Ltd., Cheltenham, UK, pp. 429-446.
- Pentland, Wendy E. and Harvey, Andrew S. (1999). Time Use Research in Pentland, Wendy E; Harvey, Andrew S.; Lawton, M. Powell; and McColl, Ann (eds.) *Time Use Research in the Social Sciences*, Springer, 1999, pp. 3-14.
- Perlow, Leslie A. (1999). "The Time Famine: Towards a Sociology of Work Time," *Administrative Science Quarterly*, Vol. 44, No. 1, pp. 57-81.
- Perrons, D; Fagan, C; Linda McDowell; Ray, K.; and Ward, K. (2005). "Work, Life and Time in the New Economy: An Introduction," *Time and Society*, Vol. 14, No. 1, pp. 51-64.
- Phillips, Derek L. (1967). "Social Participation and Happiness," *The American Journal of Sociology*, Vol. 72, No. 5, pp. 479-488.
- Pollack, C.E.; Knesebeck, O von dem; and Siegrist, J. (2004). Housing and health

in Germany, *Journal of Epidemiology and Community Health*, Vol. 58, pp. 216-222.

Pommaret, F. 2003. *The Tradition of Areca and Betel in Bhutan*. Journal of Bhutan Studies, Vol. 8, Summer 2003, Bhutan: The Centre for Bhutan Studies.

Powdthavee, Nattavudh. (2007). Happiness and the standard of living: the case of South Africa, in Bruni, Luigino and Porta, Pier luigi (eds.) *Handbook on the Economics of Happiness*, Edward Elgar Publishing Ltd., Cheltenham, UK, pp. 447-486.

Powdyel, Thakur S. (2004). *Foundations and Scope of Gross National Happiness: A Layman's Perspective*. In Karma Ura and Karma Galay ed., *Gross National Happiness and Development*. Bhutan: Centre for Bhutan Studies.

Radner, Daniel, B. (1994). Non-cash income, Equivalence Scales, and the Measurement of Economic Wellbeing, ORS (Office of Research and Statistics), available at www.ssa.gov/policy/docs/workingpapers/wp63.pdf

Rainer, H., & Siedler, T. (2006). *Does Democracy Foster Trust?* <http://www.iser.essex.ac.uk/pubs/workpaps/pdf/2006-31.pdf>

Roberge, R., Berthelot, J., & Wolfson, M. (1995). *The Health Utility Index: Measuring Health Differences in Ontario by Socioeconomic Status*. Health Report 1995, Vol. 7 (2), Statistics Canada, Cat. No. 82-003.

Royal Government of Bhutan. (2008). *The Constitution of the Kingdom of Bhutan*.

Royal Government of Bhutan. (2007). *Poverty Analysis Report (2005)*.

Royal Government of Bhutan. (2005). *Population and Housing Census of Bhutan 2005*.

Ryan, R. M., & La Guardia, J. G. (2000). What is being optimized?: Self-determination theory and basic psychological needs. In S. Qualls & R. Abeles (Eds.), *Psychology and the Aging Revolution: How We Adapt to Longer Life*. Washington, DC: APA Books.

Saunders, Peter et al., (1993). Non-cash Income, Living Standards and Inequality: Evidence from Luxembourg Income Study in *Economics in a Changing World*, Volume 3: Public Policy and Economic Organization, pp. 198-217.

- S Holtby, E Zahnd, N Lordi, C McCain, YJ Chia, JH Kurata. *Health of California's Adults, Adolescents and Children: Findings from CHIS 2003 and CHIS 2001*. Los Angeles, CA: UCLA Center for Health Policy Research, 2006.
- Sen, A. K. (1985). *Commodities and Capabilities*. North-Holland
- Sen, A. K. (1999). *Development as Freedom*. Oxford University Press.
- Sen, Amartya (2006). *Identity and Violence: The Illusion of Destiny*. London: Allen Lane.
- Shinn, Doh C. 1986. *Education and the Quality of Life in Korea and the United States: A Cross-Cultural Perspective*. Public Opinion Quarterly Vol. 50: 360-370. American Association for Public Opinion Research. The University of Chicago Press.
- Smith, M. K. (2005). 'Happiness and education - theory, practice and possibility', *the encyclopaedia of informal education*, www.infed.org/biblio/happiness_and_education.htm
- Sokojima, S. and Kagamimori, S. (1998). "Working hours as a risk factor for acute myocardial infarction in Japan: case control study," *British Medical Journal*, Vol. 317, pp. 775-80.
- Statistics New Zealand. (2001). *Around the Clock: Findings from the New Zealand Time Use Survey, 1998-1999*, available at <http://www.stats.govt.nz/NR/rdonlyres/8AD45C07-9A77-4C42-AE41-57BBE95CC2B1/0/aroundtheclock.pdf>
- Steger, Brigitte. (2006). "Timing Daily Life in Japan," *Time and Society*, Vol. 15, No. 2/3, pp. 171-175.
- Subramanian, S.V., Kim, D., & Kawachi, I. Covariation in the socioeconomic determinants of self-rated health and happiness: a multivariate multilevel analysis of individuals and communities in the USA. *J Epidemiol Community Health* 2005; 59; 664-669 doi: 10.1136/jech.2004025742. Available online at <http://jech.bmj.com>
- Sullivan O. (1996). "The Enjoyment of Activities: Do couple affect each others well-being?" *Social Indicators Research*, Vol. 38, pp. 81-102
- Sullivan, Oriel and Gershuny, Jonathan. (2000). "Cross-national Changes in Time-use: Some Sociological (Hi)stories Re-examined," available at: <http://www.iser.essex.ac.uk/pubs/workpaps/pdf/2001-01.pdf>

- Thinley, Jigmi Y. (2007). What is Gross National Happiness? in *Rethinking Development: Proceedings of the Second International Conference on Gross National Happiness*, Centre for Bhutan Studies, 2007, pp. 3-11.
- Thoits, P.A. and Hewitt, L.N. (2001). "Volunteer work and well-being," *Journal of Health and Social Behavior*, 42, 115-131
- Thomson, H; Petticrew, M; and Douglas, M. (2003). Health impact assessment of housing improvements: incorporating research evidence, *Journal of Epidemiology and Community Health*, Vol. 57, pp. 11-16.
- Uhrig, S.C. Noah (2005). "Cinema is Good for You: The Effects of Cinema Attendance on Self-Reported Anxiety or Depression and "Happiness"," *ISER Working Paper 2005-14*, University of Essex; available at <http://www.iser.essex.ac.uk/pubs/workpaps/pdf/2005-14.pdf>
- Ura, K. (2004). The First Universal Suffrage Election at County (Gewog) Level in Bhutan. In *Discussion Paper No. 4*. Chiba: Institute of Developing Economies.
- UNDP. (1990). *Human Development Report 1990*. Oxford University Press.
- UNDP. (2006). *Human Development Report 2006*. Oxford University Press.
- UNESCO Universal Declaration on Cultural Diversity (2001). Available at http://en.wikipedia.org/wiki/Cultural_diversity
- U.S. Department of Health and Human Services. *Healthy People 2010: Understanding and Improving Health*. (2nd ed). Washington, DC: U.S. Government Printing Office, November 2000. www.healthypeople.gov
- U.S. Department of Health and Human Services. *Leading Health Indicators... Touch Everyone*. Washington, DC: U.S. Government Printing Office, November 2000. www.healthypeople.gov/lhi
- Veenhoven, Ruut (1988). The Utility of Happiness, *Social Indicators Research*, Vol. 20, pp. 333-354.
- Veenhoven, R. (1996). *Developments in Satisfaction-Research*. *Social Indicators Research*, 37, pp.1-46.

- Veenhoven, R. (1993). *Happiness in Nations: Subjective Appreciation of Life in 56 Nations 1946-1992*. Erasmus University Press.
- Wangchuk, N. (2006). *Shall We Say 'No' to Doma?* Annual Health Bulletin 2006. Ministry of Health, Royal Government of Bhutan.
- Wangyal, Tashi (2001). "Ensuring Social Sustainability: Can Bhutan's Education System Ensure Intergenerational Transmission of Values?," *Journal of Bhutan Studies*, Vol 3, No.1, Summer 2001.
- Washington University In St. Louis (1998, November 12). *Why Women Are Less Likely Than Men To Commit Suicide*. ScienceDaily. Retrieved September 23, 2008, from www.sciencedaily.com/releases/1998/11/981112075159.htm
- Weston, R., Gray, M., Qu, L., & Stanton, D. (2004). "Long Hours and Wellbeing of Fathers and their families," *Research Paper No. 35*, Australian Institute of Family Studies; available at <http://www.aifs.gov.au/institute/pubs/respaper/rp35/rp35.pdf>
- Wilke, P. K; Gmelch, Walter H.; Lovrich, Nicholas P., Jr. (1985). "Stress and Productivity: Evidence from the Inverted U Function," *Public Productivity Review*, Vol. 9, No. 4 , pp. 342-356.
- Wilkinson, R., & Marmot, M. (Eds.). (2003). *Social Determinants of Health: The Solid Facts* (2nd ed.). WHO. Available at www.euro.who.int/document/e81384.pdf
- Williams, N. (1999). *Foetal Alcohol Syndrome – What is it and What are the Possible Implications?*. Paper presented at the best practice interventions in corrections for indigenous people conference convened by the Australian Institute of Criminology in conjunction with Department of Correctional Services SA and held in Adelaide 13-15 October 1999. Available at <http://www.aic.gov.au/conferences/indigenous/williams.pdf>
- World Health Organisation. (2002). *The World Health Report 2002: Reducing Risks, Promoting Healthy Life*. WHO, Geneva.
- World Health Organisation. (2004). *Global Status Report on Alcohol 2004*. WHO, Geneva. www.wilderdom.com
- Zaman, Habiba. (1995). "Patterns of Activity and Time in Rural Bangladesh:

Class, Gender, and Seasonal Variations," *The Journal of Developing Areas*,
Volume 29, Number 3, pp. 371-388.